

Newsletter



Beaudesert RSL Sub Branch Inc.

DECEMBER 2025

ISSUE 04



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UPCOMING EVENTS

Date	Event
22 December 2025	Sub Branch Office Closed
5 January 2026	Sub Branch Office Open
February 2026	Veterans Health Week Luncheon
March 2026	A G M
25 April 2026	ANZAC Day
May 2026	Women's Aux. Mother Day Cent Auction
18 August 2026	Vietnam Veterans Day
14 September 2026	Peacekeeping Day
11 November 2026	Remembrance Day

The Presidents Report



Your Sub Branch, as the year runs down towards the end of 2025, is in a very good position for veterans leading into 2026. The following is a report on the key undertaking by the Board on your behalf, and leading into 2026:

DVA Advocacy RSL Queensland has been advised by DVA that the Military Rehabilitation and Compensation Act 2004 (MRCA) will become the single ongoing Act covering veteran's compensation and rehabilitation from 1 July 2026, a suite of 14 legislation reform information videos will be published on Advocacy website.

Our Advocacy team of Steve and Jay have indicated they will no longer be conducting full Advocacy services in 2026 as they did in the past. Under DVA new arrangements Veterans will take responsibility for their own journey advocating in their interests and following DVA guidelines. Steve and Jay will be available to advise the veteran, but not manage the DVA process. There will be more to say about this in 2026.

We are working with Greenbank, Kooralbyn and other Sub Branch's to persuade RSL State via SED to place advocacy support from their resources out to our region, commencing with Greenbank RSL Sub Branch.

Scenic Rim Veterans and Families Centre. We recently signed documents forming part of the transfer of land owned by Sunnybank Community Sports Club (SCSC) to the Sub Branch, notably 32 Anna Street and the realignment of boundaries to enable us to hold 2043 Sqm for the future Scenic Rim Veterans and Families Centre. This is consistent with the presentation to the members earlier in the year by the Board and the CEO SCSC, whereupon the members voted to proceed with the land swap. We expect the transfer will be completed in the first quarter of 2026 by Council.

Builders have been approached to provide the Board with concepts and ideas of and draft plans of the new building for consideration by the Board and to be presented to members at a Special Meeting early in 2026

The Beaudesert War Memorial. The Sub Branch has written to the Mayor and Council officials directing their attention to the condition of the sandstone soldier, being the centerpiece of the memorial. We have asked that the soldier be cleaned, not by a gurney, because being a sandstone structure, that would ruin the memorial. We have received a reply from Council and we await further advice on what remedial measures they will conduct to maintain our memorial.

Colouring Competition leading up to Remembrance Day 2025. This competition has been conducted across several schools in the district, with children being given multiple drawings, all with a Remembrance Day theme so they could use their imagination through their eyes and creative artwork skills.

Every child's artwork was truly delightful, and impressed all of us at the Sub Branch. Each child is to be congratulated, as well as the schools from which they submitted. In all it presented the assessors with a very difficult task to determine the best in category.

RSL Sub Branch Facebook. As part of a new Media Policy within the Sub Branch, we have launched with the help of professional support, our new Facebook page. Our Board member Travis Holt has been instrumental in shaping the content and his efforts are to be applauded. Working with our office staff and the President, Travis has developed a variety of relevant and interesting themes to make the site useful, informative and current.

Visits, Presentations and Outings. There have been a variety of trips away, and in-house presentations organized by the Sub Branch and the Scenic Rim Veterans Group included visits to the Nerang RSL Sub Branch Men's Shed, visits to veterans sheds and gathering sites, as well as the Australian memorabilia items within a private residence within Beaudesert and its thousands of pieces of small to large iconic items going back over the past (Best way I could describe it). A men's prostate presentation organized by Peter Rewko at the Sub Branch with a very meaningful and personal introduction by the Guest speaker Julie Ferguson, aided by her a veteran who gave a first hand account of his journey through the Prostate cancer battle. Well done to both Julie and Kurt.

Members Special Meeting in October of 2025. This was well attended. The Meeting was in three parts.

Part 1. The issue about our Sub Branch numbers and demographic, that is, we are largely an older generation of Members and our numbers are largely static, therefore the challenge is how to draw or attract new members, or look at innovative ideas such as affiliated membership. As President I put forward two possible solutions for discussion to stabilize our membership numbers and potentially grow them.

One was to invite members, both active and retired from Emergency Services to affiliate with us, but not become Members because as an RSL our members are from the armed services veteran community. This idea was not well received by the members for good reasons and following the meeting it was scrapped as an idea by the Board.

Part 2. Introduced the idea that our future Veterans Centre be available to support the broader Scenic Rim community in the event of natural disaster or similar impact on the community. This idea was put to me and the Vice President David Kassulke by senior members of the community. By doing so we might be able to attract legitimate funding to build our Centre, as it was a community based project. This idea was similarly thought to be something that might constrain us and move us away from our main purpose of having a veterans meeting place and focal point.

Following the meeting the idea was scrapped not only because of the very good feedback, but also because I, together with David, found out later from those in Council who brought the idea to our attention, that there were too many other requirements from them, that we believed moved away from the broad concept of a 'once in 5 year' major catastrophic Shire event to other situations that were totally unacceptable to us. Hence, we rejected the whole concept.

Part 3. Rod Andersen, a Building project Manager addressed the members on the process of taking our planned Scenic Rim Veterans and Families Centre from a germ of an idea to a fully constructed building introduced the central theme of the meeting with a presentation on possible options on future membership for the Sub Branch.

With all this in mind we are approaching Rod and another prospective builder to submit more detailed draft plans for our consideration and presentation to the Members at a Meeting in February or March 2026.

Christmas time also means getting together time. Support and gratitude to our members and volunteers as we close out 2025. We are supporting the Nashos as they organize their annual lunch get together, and plan to support the Scenic Rim Veterans Group in a similar manner. And of course our wonderful volunteers with our Christmas trip and luncheon on 6 December. All of the members and volunteers, including our wonderful Women's Auxiliary are the fabric of our Scenic Rim Veteran community and I, together with the Board of the Sub Branch salute and honour you.

Have a peaceful and relaxing Christmas and New Year time.

Ian Johnson
President



PEACEKEEPING *Day*

14th September 2025
Palm Gardens Jubilee Park
Beaudesert



REMEMBRANCE DAY SERVICE

BEAUDESERT



REMEMBRANCE DAY SERVICE

RATHDOWNEY



BEAUDESERT RSL SUB BRANCH MEMBERSHIP

Total number of members to date: 166



New Members 2025

Raymond Moore, Anton Jazvic, Alan Barber, Chad McWilliam, Lenard Lloyd, Ian M Johnson

Upcoming Members Birthdays



January

*Thomas Barrett
Carol Castles
Robert Deans
Kenneth Evans
Jon Forbe-Smith
Bruce Gordon
Ian Johnson
Stuart Jones
Gary Knuckey
Barry Lange
David Philippi
Howard Pohner
Hedley Rye
Ian Tiernbull
Lloyd Venez*

February

*Shane Murphy
Peter Lester
John Ford
Anthony Dadson
Edward Day
Colin Goodwin
Errol Rasmussen
Seymour Rowe
Allen Stewart
Jack Stubbs
Bronwyn Noy
Ronald Cronk
Lenard Lloyd*

March

*Errol Binstead
Matthew Wilkie
David Kassulke
Donald Percy
Robert Smith
Jeanette
Richardson
Ross Reid
Stephen Kable
Grahame Beulah*

HAPPY
Birthday

Message from the Secretary

I wish to personally thank all volunteers who have dedicated their time and effort to the Sub Branch for our members. Without volunteers, the Sub Branch would not exist. The Sub Branch has undergone many changes over the past few years, and I am pleased to see new Board members being nominated and voted in, focusing on our core objective and returning to basics—being Welfare for our veterans. We continue to ensure that the Sub Branch's core objectives of the Welfare of our members and veterans in the community remain a priority, while also adhering to Governance and ACNC Charitable regulations.

The main focus next year will be developing a new veterans and family building for our members and families now and into the future, serving as a drop-in area accessible for veterans to come in and enjoy coffee and tea, see an Advocate, chat with our volunteers, and enjoy a BBQ area to invite veterans and families for social BBQ days and an opportunity to socialise with each other.

The Sub Branch Advocates have been very busy assisting veterans with their claims. Thank you, Jay, Steve and Peter, for your dedication and the extra hours working from home. Trudy assists in wellbeing and visits veterans in Nursing Homes within the Scenic Rim and Jimboomba, checking on their welfare.

Thank you to the Community Patient Transport volunteer drivers for your kindness and patience. The days can be long and tiring, but you are continually making each week available to transport the community residents & veterans to their specialist appointments. You truly are appreciated by one and all. Thank you to Jacqui, Transport Co-Ordinator. It is not an easy task arranging transport for QAS patients each day with limited drivers, and ensuring each patient can be transported to their appointments. Ensuring all vehicles are maintained with servicing, repairs and tyres. Thank you Joanne Heit (Women's Auxiliary), for assisting patient transport when required. Thank you to John Leatherbarrow (Snr Vice President) and Jimmy James (Board member) for their assistance in overseeing the Community Patient Transport, it takes the pressure off me. A joint effort by all.

Museum Volunteers, Phil, Barry, Kevin and Maurice thank you for opening Harry's Haunt each week, allowing people to visit and enjoy the displays of memorabilia and keeping it clean and tidy. The feedback in the sign-in book is one of gratitude and marvel of the display whilst visiting Harry's Haunt. Unfortunately, due to Health and Safety to our volunteers, we have had to temporarily close Harry's Haunt until we build the new Veteran and Family Centre to incorporate the memorabilia in the building.

The Women's Auxiliary have continued to support the veterans with their fundraising for ANZAC Day, Remembrance Day, and this year, assisted by some of the Sub Branch members and Scenic rim Veterans Group, the ladies and the Sub Branch are very grateful for the extra assistance and hope to have the continued support in the future. The Cent Auctions this year went extremely well, and each year more people are attending to support the Women's Auxiliary with their fundraising. Joanne Heit, thank you for all that you do with the organisation and Janice Heit assisting and organising Christmas raffles. A lot of time and effort, and commitment have not gone unnoticed and are very much appreciated by all.

To the Board members of the Sub Branch, I truly am grateful for your commitment, expertise and guidance. Each Board meeting is held with respect, consideration for the members and for the continuance of the Sub Branch. To Ian Johnson (President) for his perseverance, patience and dedication to the Sub Branch to ensure the best outcomes for the members and future members.

I would like to extend my sincere thanks to Sonia for her wonderful assistance with administrative tasks and events. Her support has been an incredible blessing, helping to ease the workload and ensuring everything runs smoothly.

Sonia brings a wealth of expertise, professionalism, and enthusiasm to the Sub-Branch. Her contributions have made a real difference, and we are truly grateful for her ongoing commitment and support.

To the Members, thank you for your support, emails, and your feedback over the years I have been here. On many occasions, on Commemorative Days or functions, your gratitude for my work and efforts is appreciated. I wish to thank you all. I enjoy every day I come to work at the Sub Branch and am in awe of the Volunteers who generously dedicate their time and effort each day to ensure the Sub Branch can continue opening the doors. I have met so many amazing people and look forward to new members joining our family.

I wish you all a wonderful Christmas with your family and friends, cherish the ones we have and remember the ones we have lost.

Thank you one and all.

Sincerely,

Joanne Crocker



PAWS

Report



This year has been progressively very busy on my own whilst Jay is unfortunately busy with personal commitments. I have assisted 2 interstate Veterans seeking advice as to their current application to the DVA.

The year has involved a great many Veterans and families seeking advice in their dealings with DVA, with questions and advice sought. A direction by DVA that all and any applications be submitted via the MYGOV/My Service online. This, according to DVA is to expedite assistance to Veterans and families. The direction does not negate the qualified Advocate's assistance, as advice should be forthcoming as and when requested by veterans and families.

To date, there has been an assortment of private agencies offering their services to Veterans and families in reaching out to DVA for assistance. These agencies do charge fees for their service, which veterans and families should be aware that their fees range from 5% to 25%, plus a payout by DVA or a set fee.

We have had several phone calls from the public requesting advice as to funeral benefits for Veterans, War widows and others associated with Military service. Please contact DVA for further advice regarding this.

Jay Collins recently started attending the Sub Branch to assist on Wednesdays when he can. DVA Health Week has changed this year, and the event will be in February 2026, a date to be advised.

A change is coming for Advocates next year with DVA combining the three current Acts into one Act. These have been promulgated widely and if information on same is required, please ask PAWS Advocates for advice or contact DVA MYGOV/My Service for more info.

Steve Monteath
Advocates Level 2/Compensation & Wellbeing



Women's AUXILIARY UPDATE

by Joanne Heit

On behalf of the Beaudesert RSL Sub Branch Women's Auxiliary we would like to take this opportunity to wish everyone a very Merry Christmas and a Happy New Year for 2026. It is hard to believe that 2025 is coming to an end, my how the time flies these days when we are all so busy with life and living.

This year the ladies have been kept busy. We held our two Cent Auctions, one in May with a Mother's Day theme and one in November with a Christmas theme. It takes quite some time to put one these functions together sourcing out prizes, accepting donations from our loyal patronage and then putting it all together. The ladies are always busy scrunching tickets for the Cent Auction, some 2500 get scrunched each year. The old fingers get pretty tired at the end of it all. We must say a great big thank you to our loyal patrons who attend each and every Cent Auction and also come forward with some great donations for us to use. We have a loyal following and everyone comments that we put on a great auction. Please come along and learn more about what is involved if you wish.

The ladies who were able to attend commemorative day parades did so, always lending a hand where needed. We did lose one of our members this year, Moya Jackson, who was one of our founding members. She was well known for her cooking and crocheting skills.

This year we are proud to say that 17 schools participated in writing Christmas cards for the Elderly, a project we started some years ago. The response from the school children is very heart warming and the recipients of these cards are ever so grateful. It is nice to have the contact between the young generation to the older generation.

This year we are happy to say we are running our Christmas raffle with some 26 prizes on offer. Thanks to Janice Heit, one of our founding members in getting together the great range of prizes on offer. Tickets will be on sale at the Sub Branch office and on a few days at Coles and Woolworths. Please come along and support the ladies for their hard diligent work. Again best wishes to everyone. May 2026 be a good year for everyone.

Transport Report

JACQUIE PLUMMER



Hello everyone

All of the new vehicles are running well, transporting 800 plus patients from January 2025 to October 2025.

1 new driver has joined us this year and has given their time along with the existing drivers. We have had 2 driver retirements due to illness. All of the drivers are committed to their voluntary roles in the community. I have had feedback from our transported patients and it is all positive saying our drivers are courteous and professional in their roles.

Due to the holidays and time off some of the volunteer drivers are having, others have done more days than normal. I wish to applaud all the drivers for their commitment and dedication to the Beaudesert RSL Sub Branch and our community.

If you or anyone you know can provide this service, we would be happy to hear from you. Restrictions are no problem, and we can work around this.

I would like to wish you all a Merry Christmas and a Safe New Year. May you and your families get together and stay safe.

Jacquie Plummer



Wishing You
Christmas Cheer



Veteran discounts and concessions available 24 September 2025

Veterans may be eligible for a range of concessions offered by state, territory and local governments to help reduce the cost of everyday services such as electricity, vehicle registration, public transport and council rates.

Access and eligibility can vary, depending on your location and individual circumstances and is often determined by the state, territory and local governments that facilitate the discounts. *

Some concessions require specific disability entitlements or impairment points related to overseas war service. Veterans can use their DVA cards, Centrelink Confirmation eService or DVA letters to prove eligibility for concessions.

If you need a DVA letter to verify your eligibility (confirm your DVA status including any impairment points resulting from warlike service), you can download one from your MyService account or by calling 1800 VETERAN (1800 838 372).

Veterans are encouraged to check their respective state or territory websites for more information. Visit www.dva.gov.au/discounts for links to state and territory government concession websites.

*Veterans receiving income support must notify DVA of address changes to update their Veteran File Number and card. Those not receiving income support may also apply for updated cards to access state-specific concessions. If you've recently moved interstate and didn't let us know, you may find that your Veteran File Number doesn't match the prefix used in your new state (V for Victoria, N for New South Wales etc.). In this case, you can ask DVA to issue you a new number or request that the concession provider use your Unique Identification Number (UIN) instead. Your UIN is available on DVA correspondence and, on your Pensioner Concession Card.



DVA rehabilitation helping veterans back to work

15 September 2025

The DVA rehabilitation program is providing assistance to veterans to achieve their employment goals, whether they are starting fresh, changing direction or returning to work.

If you are a veteran with medical capacity to engage in work-related activities, the DVA rehabilitation program offers tailored support to assist you to undertake vocational rehabilitation activities.

This may include vocational counselling and assessments, recognition of prior learning, job-seeking assistance, vocational courses or retraining, worksite assessments and trials, and even employer wage subsidies to support your transition into the workforce.

As part of your rehabilitation plan, DVA can connect you with a rehabilitation consultant in your community. Together, you'll explore your existing strengths and transferable skills, and identify the practical, personalized steps to help you secure or maintain suitable employment. Even if you are not yet ready to engage in vocational activities, the DVA Rehabilitation Program can support you to manage your medical or social well-being needs.

For more details about DVA's rehabilitation program and vocational wellbeing activities, a useful information sheet is available on the DVA website: [DVA Rehabilitation: vocational wellbeing activities](#)

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Things you need to know when lodging a VEA transport claim

We've changed the travel reimbursement process for veterans claiming travel under the Veterans' Entitlements Act 1986 (VEA) through MyService.

As part of the changes, VEA clients need to provide receipts for expenses over \$30 when claiming travel by taxi, public transport or flights.

This helps DVA to process claims more efficiently by allowing staff to validate information without needing to contact clients for supporting documents.

There is no change for veterans who lodge paper travel reimbursement claims. These can still be submitted without a receipt. If receipts are required, DVA staff will contact the veteran directly to confirm details.

There is also no change when claiming other types of travel expenses, such as accommodation, meals and private vehicle expenses that are paid at a prescribed rate. Veterans do not need to lodge their receipts with the travel claim, but may need to provide the receipts to DVA if requested.

You can now also view the status of your claims in MyService for all new Military Rehabilitation and Compensation Act 2004 (MRCA) and Safety, Rehabilitation and Compensation (Defence-related Claims) Act 1988 (DRCA) travel claims.

These changes are part of DVA's broader work to simplify travel claims, reduce delays, and improve transparency for veterans and their families.

For more information, visit the Travel for treatment page at dva.gov.au or call 1800 VETERAN (1800 838 372).

Vehicle Security


Most car thefts are opportunistic and there are a number of things you can do to reduce the risk of having your car stolen or broken into.




If a crime is happening now,
call Triple Zero (000).
If not, think Policelink
and report online.


Find us at
www.police.qld.gov.au
For news and alerts sign up to
myPolice.qld.gov.au

 /queenslandpolice

 @qldpolice

 @qldpolice

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What you can do

- Park your vehicle in well-lit and highly visible areas whenever possible.
- Wherever possible, use off street parking or secured parking.
- When parking in a garage, ensure both the garage and vehicle are locked and the garage door remotes are secured.
- Avoid marking your keys with your personal or vehicle details such as name, phone number or vehicle registration.
- Consider installing a car alarm or steering wheel lock to help protect your vehicle.
- Use lockable devices to help keep your vehicle secure including lockable fuel caps, wheel nuts, spare tyre covers and roof racks.
- Consider installing a remote engine immobiliser which meets Australian standards.
- Secure your registration plates with anti-theft screws.
- Consider installing a GPS tracker to your vehicle.

Make good vehicle and key security a habit today.

- Always lock your vehicle, including the boot and sunroof, and remember to fully close all windows.
- Always keep your keys out of sight and never leave vehicle keys lying around on tables, benches, bedside tables or key hooks.
- Remove keys from the ignition and lock your vehicle if your vehicle is parked or unattended, even if it's only for a minute.
- Never hide spare keys on or in the vehicle – thieves know where to look.
- Remove all valuables and personal items when leaving your car unattended, or ensure they are out of sight.
- Always take your vehicle keys with you whenever you are going out, even if you are leaving your vehicle at home.

Prevention Together
Prevent | Disrupt | Respond | Investigate






Seniors safety

Feeling safe in your own home is essential to your health and wellbeing. As a senior, it's important that you are able to enjoy your home, community and lifestyle in comfort and security.



If a crime is happening now, call Triple Zero (000).
If not, think Policelink and report online.

Find us at
www.police.qld.gov.au
For news and alerts sign up to
myPolice.qld.gov.au

 /queenslandpolice
 @qldpolice
 @qldpolice

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What you can do

There are a number of steps you can take to protect your safety and security.

- If you have a phonebook listing, only list your initials and surname to limit the amount of personal information available.
- If you use an answering machine service, ensure you leave a message saying 'we' will call back if you live alone.
- If you and your family communicate on the internet via social media networks, make sure you don't give out personal details such as your home address or phone number.
- Be cautious about information you give to strangers – don't tell them where you live or when you will be away and don't give out any personal, family or financial information.
- When shopping, avoid carrying large amounts of money and never leave your handbag, wallet or personal items unattended or in the shopping trolley or mobility device.
- If you're travelling on public transport, ensure you sit where you can see and be seen, by the driver or guard and always check timetables beforehand to avoid long waits.
- In your phone, program in the contact numbers of a relative, neighbour or close friend you can contact if you need assistance. Also program the emergency number, Triple Zero (000).
- If you receive mail, emails or phone calls requesting money, even if it's for charity, verify where the request has come from before donating. If you are unsure, contact your local police station.

Always remember

Appear confident and self-assured at all times. Research shows that people who appear confident and take personal safety precautions are less likely to become victims of crime.

Consider installing an alarm system in your home, particularly if you live alone, to help protect your home and personal safety. Medical or personal alarm systems are also a good idea to consider and are easy to set up. There are many options available, depending on your personal needs.

Elder Abuse

The Queensland Police Service is committed to working with older people and the community to prevent harm to older people. Elder abuse can take many forms. If an older person is being harmed in some way by a person they trust, that is elder abuse. Elder abuse can be categorised into six types; emotional, psychological, financial, physical, sexual and neglect.

Elder abuse can be a criminal offence and domestic and family violence. Unfortunately, it is common for elder abuse to remain hidden and continue unsuspected. Elder abuse is vastly under-reported and, in most cases, committed by close family members.

Elder abuse is everyone's responsibility and by working together, it can be prevented.

Seniors Enquiry Line: 1300 135 500

Elder Abuse Prevention Unit: 1300 651 192

Prevention Together
Prevent | Disrupt | Respond | Investigate



Should I have a PSA test?

Your guide to PSA testing for prostate cancer.

A simple PSA blood test is our first-line defence in the early detection of prostate cancer.

Your GP can order the test for you. Medicare covers the cost of one PSA test a year for men who are at a high risk of prostate cancer and one PSA test every two years for men at an average risk of the disease.

What is a PSA test?

Prostate-specific antigen (PSA) is a protein produced by the prostate that can be used to test for and monitor prostate cancer. It can be produced by both normal and cancerous cells, whereby higher than normal levels may be a sign of prostate cancer.

Risk Factors

There are four known risk factors for prostate cancer:

1. Age 40+
2. Family history (father/brother diagnosed)
3. Genetics (BRCA1/2)
4. Ethnicity (African ancestry)

Men who have a strong family history of prostate cancer face an increased risk of diagnosis and should consider PSA testing from an earlier age.

If we detect prostate cancer early, the five-year survival rate is nearly 100%. For men diagnosed at Stage 4, five-year relative survival drops to just 36%. PSA testing improves the likelihood of an early diagnosis.



1 in 5 men are likely to be diagnosed in their lifetime.

Recommendations for men:

- If you have no family history of prostate cancer, commence PSA testing every two years from the age of 50, and see your GP if you develop any symptoms in the meantime.
- If you have a higher risk of prostate cancer because of your genetics or family history, consider PSA testing every year from the age 40 or 45, depending on the strength of your family history.
- If you haven't started PSA testing yet, consider getting a baseline PSA test based on your individual risk level, to help inform early detection.



**Prostate Cancer
Foundation of Australia**



Prostate Cancer Foundation of Australia

Do I need to test if I have no symptoms?

Yes. Prostate cancer has no symptoms when it first develops, which means PSA testing is vital to early detection.

What are the symptoms?

These are some of the symptoms that tend to develop once prostate cancer has become more advanced:

- Urinary symptoms including frequent urination, poor urine stream, dribbling at the end of passing urine, or slow to start the urine flow.
- Blood in the semen or urine.
- Pain on urination or ejaculation.
- Unexpected fatigue and weight loss.
- Back or pelvic pain.

Understanding your test results

If your PSA rises quickly between tests, or increases to above 3 ng/mL, your doctor may repeat your PSA test after a short period. If your PSA is still high, they will refer you to a specialist for more tests. If you have a higher risk, you may be referred if your PSA is greater than 2 ng/mL. If you have symptoms of prostate cancer, such as changes in frequency of urination, and a PSA less than 3 ng/mL, ask your doctor about secondary screening methods, such as an MRI scan, which can be ordered by a urologist under Medicare.

Diagnosing prostate cancer usually requires a biopsy of your prostate, which requires tissue samples obtained by the use of a thin needle, inserted under anaesthetic. If the biopsy confirms the presence of cancer, your specialist will discuss treatment options with you. Many low-risk prostate cancers don't require treatment and will be monitored closely over time, while others will be more aggressive, requiring active treatment.

The facts about prostate cancer



28,868
men diagnosed



3,975
men die each year



96%
five-year survival

Call us for support

We provide free Specialist Nursing and Telenursing Services, as well as a Prostate Cancer Counselling Service, with Support Groups located nationwide.

Call us today on 1800 22 00 99
or email enquiries@pcfa.org.au.

 1800 22 00 99

 prostate.org.au






DISASTER DASHBOARD

STAY INFORMED

Register to Council's Disaster Dashboard to receive **potentially lifesaving alerts** about road conditions, weather warnings, river heights, power outages and evacuation shelters.

Your **go-to source** of information before, during and after a disaster.

REGISTER HERE   **SCENIC RIM REGIONAL COUNCIL**

disasterdashboard.scenicrim.qld.gov.au | Scenic Rim Regional Council | 




Call 13 11 14
24/7 Crisis Support



Emergency financial support

Financial hardship can affect anyone. If you're an eligible veteran or partner in urgent need, we're here to help.

Email

Hear back from us in one to two business days.

vs@rslqld.org

Phone

From 8.30am-4.30pm Monday to Friday

134 775



SAFE ZONE SUPPORT | **FREE ANONYMOUS COUNSELLING LINE**
CALL 1800 142 072

OPEN ARMS Veterans & Families Counselling **1800 011 046**



We're excited to share that our Sub Branch now has an official Facebook page!

Follow us to stay up to date with news, upcoming events, photos, and community activities.

 Visit and Like

Your support helps us reach more veterans and families—so please like, follow, and share our page with others!



The Returned & Services League of Australia (RSL) yesterday approved a change to the RSL Badge to incorporate the Tudor Crown adopted by the League's Patron, King Charles III.

This updates the Badge, replacing the St Edward's Crown that marked the reign of Queen Elizabeth II. King Charles adopted the Tudor Crown on his accession as Monarch.

The updating of the Badge was endorsed by the RSL's National Board and approved by members at yesterday's Annual General Meeting.

Newly elected RSL Australia National President Peter Tinley said the change ensures the RSL remains consistent with Royal protocols and acknowledges His Majesty King Charles III as the Patron of the League. The Australian Defence Force and other Australian Government agencies have also recently undergone similar changes to adopt the Tudor Crown.

"The RSL Badge has undergone a number of changes over its 109-year history particularly to mark the link to its Royal patronage, with the last Badge change in 1990," Peter Tinley said.

"The new Badge also features changes to the floral emblems. The Australian wattle remains, and a sprig of rosemary and a poppy, the two principal Australian symbols of remembrance of service and sacrifice. replace the previous depictions of leek, rose, thistle and shamrock, representing our connection to the British Isles countries of Wales, England, Scotland and Ireland respectively.

“Rosemary grows wild on the Gallipoli Peninsula and is a symbol of Anzac Day. A poppy is worn on Remembrance Day to honour the sacrifice of those who died in war and other conflicts, a tradition inspired by the red poppies that grew on the devastated Flanders battlefields of World War One. The rosemary and poppy floral symbols have deep, historical significance and a more than century-long historic connection to the military service of Australians.”

Mr Tinley said the RSL was adopting a measured and cost-efficient approach to implementing the badge change.

“In accordance with King Charles’ wishes to avoid unnecessary expenditure, we are using the ‘grandfathering’ principle. The existing RSL badge will remain valid, and the new badge will be introduced progressively to minimise financial and operational disruptions.

“RSL Branches are being encouraged to avoid unnecessary expenditures and employ a staged approach, with digital assets such as letterheads, websites and other electronic communications changing first, and signage, physical badges and merchandise changing gradually as part of routine replacement of assets.

“The RSL badge is an important symbol of the service and comradeship of the League’s members and its work in representing the interests of veterans, and this updating ensures that it is contemporary and in line with current protocols,” Mr Tinley said.

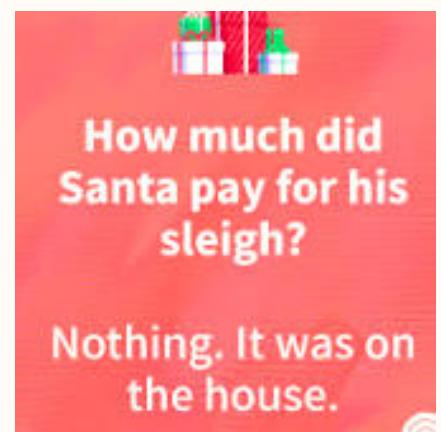
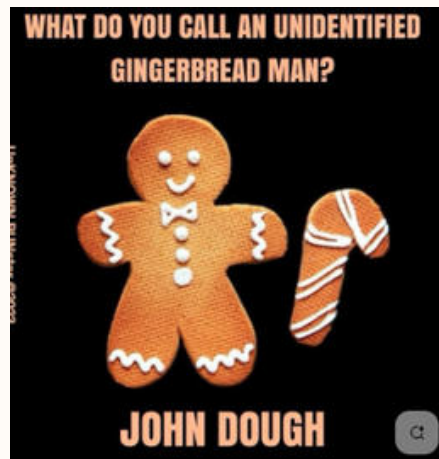
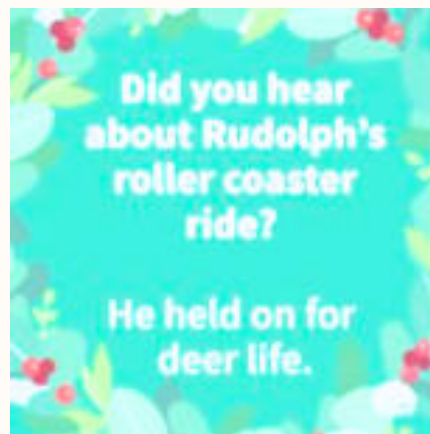
The RSL’s trademark and brand legal rights associated with the badge remain in force.

2025 Review In Photos





FUNNIES



*Season's
Greetings*



***We wish to acknowledge and express our
gratitude to the following for their support and
assistance throughout 2025.***

*Members

*Sub Branch Volunteers - Advocates,
Women's Auxiliary, Transport Volunteers and
Harrys Haunt Volunteers

*Hon Scott Buchholz MP Federal Member for Wright

*Jon Krause MP Member for Scenic Rim

*11CSSB

*Beaudesert Police, Beaudesert QAS, Beaudesert Fire and SES

*Scenic Rim Regional Cadets

*Scenic Rim Regional Council

*Merry
Christmas*

Dear Members

As the holiday season approaches, we would like to extend our warmest wishes to each of you and your family. May this Christmas bring you joy, laughter, and cherished moments with loved ones. We are grateful for your continued support and the vibrant community we share.

Here's to a season filled with peace, happiness, and wonderful memories.

Merry Christmas and a Happy New Year!

With heartfelt wishes,

Joanne & Sonia - Beaudesert RSL Sub Branch

